



FALCON NEWS

PRINCIPAL, CLAYTON COBB

ASSISTANT PRINCIPAL, KATHERINE SUCKLE

Dear St. Joseph Families,

As we draw to a close of the Mardi Gras season, we find ourselves meeting a very sacred time in the Church Calendar- Lent. As many of us know, Lent is a time in the church where we seek out spiritual renewal so to be prepared for a deeper understanding of the coming celebration of the Paschal Mystery of Jesus Christ. It is Christ who completed all necessary work for our salvation. To better understand his passion and his glory, we seek to draw closer to Him through prayer, fasting, and almsgiving.

While there are certain disciplines in the Church that provide guidance for practice for certain ages, they are still disciplines that can be practiced for all ages. Let us carefully consider how we will promote such greater discipline and devotion in our own homes. St. Joseph Catholic School will participate in an annual almsgiving of partnering with the St. Vincent DePaul Society by collecting non-perishable food for the needy in our community. Our school will also participate in serving our parish in the St. Joseph Altar. Religion teachers will send out information so that items may be turned in for this wonderful tradition in our faith community.

Consider joining us for different observances of the faith. Many times during the season, the school will be joining together for First Friday Adoration and Stations of the Cross. If you see the flyer below, you will see opportunities for families and parents to grow deeper in the faith through different scheduled events. We hope that the season is a fruitful journey, leading to a more joyful experience of the Resurrection of the Lord. St. Joseph, pray for us.

LA GATOR
SCHOLARSHIP PROGRAM
Giving All True Opportunity to Rise

LAGATOR.LA.GOV

UPCOMING EVENTS!

TUE, 3/4

2PM Krewe of Carpenter Parade
Students may wear Mardi Gras
Shirt or Mardi Gras colors and
approved out of uniform bottoms
3:05-4:15 LCP Tutoring in Library
5:30 JV Falcons vs SJB (H)
6:30 Falcons vs SJB (H)

WED, 3/5

8:15 Ash Wednesday- Day of
Fasting and Abstinence

THU, 3/6

4th Grade Living Museum
5:30 Falcons @ First Baptist
(8th grade only)
3:05-4:15 LCP Tutoring in Library
6PM DADS CLUB MTG

FRI, 3/7

9AM-2:30 First Friday Adoration
in the Church
SPRING PICTURES- ONLY
STUDENTS WEARING SPRING
CLOTHING WILL BE
PHOTOGRAPHED

IT'S A GREAT TIME TO BE A FALCON!

VIRTUE OF FORESIGHT

DEFINITION

Consideration of the consequences of one's actions; thinking ahead

PRAYER

Dear Jesus, when I come upon situations that require serious thought, please send your Holy Spirit to guide me, that I may always do Your holy will. Guide me with Your counsel, and give me the courage to act rightly when it is difficult.

LOOKS LIKE

Someone thinking

SOUNDS LIKE

"I can't do that because..."



ST. FRANCES CABRINI

Maria Francesca wanted to be a sister but was unable to enter the convent. She began working in an orphanage in Italy. The bishop noticed her devotion and holiness and eventually allowed her to make her vows. She noticed that immigrants were in need of help, so she asked the bishop if she could form a group of sisters to serve them. She and her sisters traveled to America to serve the Italian immigrants. In America she founded hospitals, schools, and orphanages to take care of their needs.

SJS PTO

WE WANT YOU!

If you would like to serve on the PTO Board next year or know someone that would be great, go nominate them now!

POSITIONS ARE OPEN!!



**P.T.O. MEETING FOR
THE MONTH OF MARCH
WILL BE HELD ON
MONDAY, MARCH 21ST
8AM IN THE SJS CAFETERIA**

**Let's
ROCK
DAD'S
CLUB**

6PM

THURSDAY, MARCH 6TH

JOIN US AT

THE PETROLEUM CLUB

FOR

BURGERS AND BREWS

\$25 PER PERSON

INCLUDES A BURGER AND 2 DRINKS (WINE/BEER)



ST. JOSEPH CATHOLIC CHURCH

EVENTS DURING LENT

ASH WEDNESDAY

March 5

Mass Times - 7 AM;
8:15 AM (with school); 6 PM
no morning Reconciliation

FIRST FRIDAY EXPOSITION of the Blessed Sacrament

Fridays March 7 & April 4

On the first Friday of the
month during Lent, Exposition
of the Blessed Sacrament will
be held 9 AM - 5:30 PM

March 14 & 15

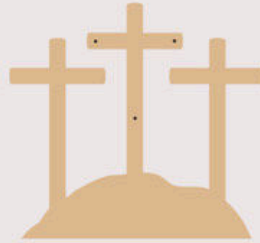


WOMEN'S CONFERENCE 2025

PARISH RECONCILIATION SERVICE

Wednesday, April 9 | 5 PM

FRIDAYS DURING LENT



HOLY HOUR OF ADORATION

4:30 - 5:30 PM | Church

STATIONS OF THE CROSS

5:30 PM | Church
3 PM on Good Friday

LENTEN FISH FRY

5 - 7 PM | Next to CCH
(excluding Good Friday)



LENTEN MISSION

WITH
KEVIN
MATTHEWS



Mon, March 10 | 6 PM

Tues, March 11 | 6 PM

ST. JOSEPH ALTAR

Sunday, March 23

View the Altar and enjoy
a family meal.

FIND INFORMATION ON THESE EVENTS AND MORE AT
WWW.STJOSEPHCHURCH.NET/UPCOMINGEVENTS



ASH WEDNESDAY

LENT BEGINS

WHAT IS LENT?

The 40-day period from Ash Wednesday and before Easter Sunday. It is marked by praying, fasting, abstinence, and other acts of penance.

PRAYING  FASTING  ABSTINENCE 



WHAT IS FASTING?



One meal a day, and two smaller meals which if added together would not exceed one full meal

WHAT IS ABSTINENCE?



Abstinence is refraining from eating meat. Meat is considered to be the flesh and organs of mammals and fowl.

DAYS OF FAST?

Ash
Wednesday

Good Friday

DAYS OF ABSTINENCE?

Ash
Wednesday

All Fridays
of Lent

Good
Friday

WHO ARE REQUIRED?

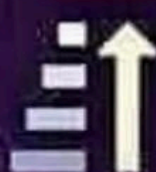
Catholics from age
< 18 to 59 >



The sick are excused
from fasting

WHO ARE REQUIRED?

Mandatory for everyone



older than

14
years old

